



WHITE COUNTY

COUNCIL ON AGING

White County Public Transit

MAY 2026

116 E. MARION ST., MONTICELLO, IN 47960

574-583-9119



OLDER AMERICANS MONTH



CHAMPION YOUR HEALTH: MAY 2026

Celebrated every May, Older Americans Month (OAM) is led by the Administration for Community Living (ACL). Established in 1963, OAM is a time to recognize older Americans' contributions, highlight aging trends, and reaffirm commitments to serving older adults in our communities. This year's theme, "Champion Your Health," focuses on prevention, wellness, and personal responsibility as cornerstones of healthy aging. It encourages older adults to take an active role in their health — advocating for themselves, accessing preventive care, and making informed decisions that support independence.

How can individuals take charge of their health at every age?

- Stay up to date on preventive care and screenings.
- Build and maintain social connections that support emotional well-being.
- Choose nutritious, minimally processed foods.
- Incorporate regular physical activity to maintain strength and mobility.



White County Public Transit

***Public Transit is available to ANYONE of ANY AGE*

Call us for details on how we can help you get where you need to go!

Monday-Friday

8am-4pm

574-583-9119

INSIDE THIS ISSUE

Memorial Day Cookout.....	pg 2
What's Happening.....	pg 3
Activity Calendar.....	pg 4
Lunch Menu.....	pg 5
Bacon S'mores.....	pg 6
Golf Outing Fundraiser.....	pg 7
Word Search.....	pg 8



Happy Memorial Day!

**Join us for a cookout at noon on
Friday, May 22!**

***Please call the office by May 19th to
reserve your seat.**

574-583-9119



Teresa Puterbaugh 5/1

Jeff Minier 5/1

Linda Hiner 5/4

Charles Kirkham 5/8

Ron Swain 5/21

Patty Retsick 5/23

Benny Johnson 5/27

Coffee & Donuts

Thursday, May 21 at 10:30

Suzie Jero with Guardian Angels will be here to discuss the cost of Hospice Services.

Please join us!



CAREGIVER SUPPORT GROUP

Alzheimer's/Dementia Caregiver Support Group

When: Wednesday, May 20 at 1:30pm

Where: WCCOA Building, 116 E. Marion St., Monticello

Topic presented:

Empowered Caregiver-

Supporting Independence

Call 574-583-9119 for more information



May 2026



				<p>1</p> <p>*10:30 Breakfast at USA Sign up by 4/30</p>
<p>4</p> <p>9-Euchre 9:30-Racko 1-BINGO</p>	<p>5</p> <p>9-Euchre 9:30-Farkle 1-BINGO</p>	<p>6</p> <p>9-Euchre 9:30 Hand & Foot Card Game</p>	<p>7</p> <p>9-Euchre 9:30 Rummikub 12-1 Blood Pressure 1-BINGO</p>	<p>8</p> <p>*10:30 Bailey's & North Judson Park & Sack Lunch Sign up by May 6</p>
<p>11</p> <p>9-Euchre 9:30-Bunco 1-BINGO</p>	<p>12</p> <p>9-Euchre 9:30-Farkle 12-Lunch & Learn w/ Purdue 1-BINGO</p>	<p>13</p> <p>9-Euchre 9:30 Hand & Foot Card Game</p>	<p>14</p> <p>9-Euchre 9:30 -Racko 12-1 Blood Pressure 1-BINGO</p>	<p>15</p> <p>*12:30 Craft w/ Select Therapy Sign up by May 12</p>
<p>18</p> <p>9-Euchre 9:30-Bunco 1-BINGO</p>	<p>19</p> <p>9-Euchre 9:30-Farkle 10:30 Parks Dept. w/ Nikki 1:00-Bingo-Parkview</p>	<p>20</p> <p>9-Euchre 9:30 Hand & Foot Card Game 12:30 Skip Bo</p>	<p>21</p> <p>9-Euchre (back room) 9:30 Rummikub 10:30 Coffee/Donuts w/ Suzie 12-1 Blood Pressure 1-BINGO</p>	<p>22</p> <p>9-Euchre 9:30-11:30 Games *12 Cookout Sign up by May 18</p>
<p>25</p> <p>CENTER CLOSED NO LUNCH Memorial Day</p>	<p>26</p> <p>9-Euchre 9:30-Farkle 1-BINGO</p>	<p>27</p> <p>9-Euchre 9:30 Hand & Foot Card Game</p>	<p>28</p> <p>9-Euchre 9:30 Rummikub 12-1 Blood Pressure 1-BINGO BUY</p>	<p>29</p> <p>12:30 Movie at Center</p>

***- denotes sign-up in advance is required.**

***Please call by 9:30am the day you plan to come for lunch!**

Call 574-583-9119

May 2026

				<p>1 Broccoli Cheddar Chicken Rice Pilaf Carrots Tropical Fruit Cup Milk</p>
<p>4 Ham Scalloped Potatoes Brussel Sprouts Bread/Margarine Pudding Cup Milk</p>	<p>5 Chicken w/ Creamy Garlic Sauce Baby Bakers Asparagus Fruit Cup Milk</p>	<p>6 Hamburger Baked Beans Summer Squash Applesauce Milk</p>	<p>7 Braised Chicken Breast Garlic Mashed Pot. Beets Brownie Milk</p>	<p>8 Sausage Gravy & Biscuit Diced Potatoes Apple Slices Milk</p>
<p>11 French Onion Chicken Baby Bakers Carrots Bread/Margarine Cookie Milk</p>	<p>12 Hot Dog Potatoes Creamed Corn Pineapple Milk</p>	<p>13 Sloppy Joe Mac & Cheese Mixed Veggies Applesauce Milk</p>	<p>14 Chicken Alfredo Green Beans Spiced Peaches Bread Milk</p>	<p>15 BBQ Pork Baked Beans Broccoli Snack Cake Milk</p>
<p>18 Shepherd's Pie W/ Mashed Potatoes Broccoli Warmed Spice Apples Bread/Margarine Milk</p>	<p>19 Sausage Patty Biscuit Gravy Tater Tots Fig Newton Milk</p>	<p>20 Boneless Chicken Wings w/Honey Mustard Sauce Scalloped Potatoes Parmesan Zucchini Cookie Milk</p>	<p>21 Chicken & Noodles Mashed Potatoes Broccoli Mandarin Oranges Milk</p>	<p>22 *12 Cookout Sign up by May 18</p>
<p>25 Happy Memorial Day Closed No Lunch</p>	<p>26 Chicken Patty Sweet Potatoes Fruit Crisp HB Bun Milk</p>	<p>27 BBQ Meatballs Rice Pilaf Vegetable Blend Pineapple Milk</p>	<p>28 Swiss Mushroom Burger Tater Tots Corn Pears Milk</p>	<p>29 Country Fried Steak Garlic Mashed Potatoes California Blend Bread/Margarine Milk</p>

Bacon S'mores

Prep time: 20 minutes

Cook time: 5 minutes

Servings: 8

4 strips any variety Smithfield Bacon

8 marshmallows

2 chocolate bars (about 3 ounces), broken into eight pieces

8 graham crackers, broken into squares

Heat oven to 375 F.

On lightly sprayed, foil-lined, rimmed baking pan, separate strips of bacon; lay flat in single layer and gently stretch each strip 1-2 inches. Bake 10-12 minutes, or until bacon begins to curl and edges just start to crisp, rotating pan halfway through cooking. Remove bacon from pans with spatula while warm, draining briefly on absorbent paper; reserve.

Cut bacon slices in half crosswise and tightly wrap around marshmallows, securing with skewer or roasting stick. Roast marshmallows over open fire until toasty brown on edges, being careful not to burn or ignite marshmallows.

Immediately sandwich roasted marshmallows between two graham crackers with piece of chocolate.

To find more summer entertaining tips and recipes, visit Smithfield.com.

(Courtesy of Family Features)

©LPi





**MAY 2026
WHITE COUNTY COUNCIL ON AGING**

WCCOA 4th Annual

Golf Outing Fundraiser-Pine View Golf Course

Please join us for a great cause and fun day on the course! All funds support our Public Transit Program and Senior Center programming. We still have room for teams. If you'd like to be a sponsor please contact Teresa Puterbaugh at 574-583-9119 or email teresa.wccoa@gmail.com

Show your support by:

Platinum Sponsorship:

\$1,000 (2 teams, hole sign, sponsor logo on banner)

Gold Sponsorship:

\$500 (1 team, hole sign, sponsor logo on banner)

Silver Sponsorship:

\$275 (1 team and hole sign)

Foursome: \$200 (1 team)

Hole Sponsorship: \$100 (hole sign)



Saturday, June

20th, 2023

Registration

7:30 a.m.

Shotgun start

8:30 a.m.



Name: _____

Date: _____

What's In Your Garden

G S H T E W E D Y E N O H B L
 A Q C N R O C N R N K B P E T
 R U A E A A O E I A E R T A U
 L A N A R I B K L E T T N N R
 I S I S N M P E T O U S L S N
 C H P O U M B R O C C O L I I
 K Z S C U G I R E O K T A S P
 O U U P A R A B R A B U H R C
 H C O U C P A R S N I P S T O
 L C T A A R E I A T U H R O L
 R H A R R R S R E P P E P L L
 A I T K R S I O O C S A N L A
 B N O O O H S I D A R A E A R
 I I P E T P U C H A R D N H D
 E P E A S T A L U G U R A S S

Word List:

CARROTS
 PEPPERS
 CUCUMBER
 TURNIP
 ONION
 POTATO
 OKRA
 LETTUCE

PARSNIPS
 ZUCCHINI
 RADISH
 ARUGULA
 GARLIC
 RHUBARB
 SQUASH

PEAS
 HONEYDEW
 PUMPKIN
 KALE
 SHALLOT
 CORN
 COLLARDS

BEANS
 BROCCOLI
 SPINACH
 BEET
 KOHLRABI
 CHARD
 ASPARAGUS