



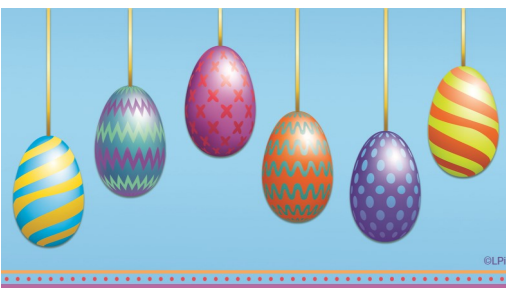
WHITE COUNTY COUNCIL ON AGING

White County Public Transit

APRIL 2025 **116 E. MARION ST., MONTICELLO, IN 47960** **574-583-9119**



Join us on Tuesday,
April 22 at 10:30am for
Healthy Living for Your Brain
and Body
Presentation by
Saedie Spikes from
Area IV!



INSIDE THIS ISSUE

- Public Transit..... pg 2
- Backyard Birds..... pg 3
- Activity Calendar..... pg 4
- Lunch Menu..... pg 5
- April Birthdays..... pg 6
- Backyard Birds cont'd..... pg 7
- Breakfast word Search..... pg 8

White County Council on Aging/Public Transit
Presents

3rd Annual Golf Outing Fundraiser

PINE VIEW GOLF COURSE, 5310 NORWAY RD., MONTICELLO, IN



Saturday, June 28th, 2025

Registration 7:30 a.m.
Shotgun start 8:30 a.m.

Show your support by:

Platinum Sponsorship:

\$1,000 (2 teams, hole sign, sponsor logo on banner)

Gold Sponsorship:

\$500 (1 team, hole sign, sponsor logo on banner)

Silver Sponsorship:

\$275 (1 team and hole sign)

Foursome: \$200 (1 team)

Hole Sponsorship: \$100 (hole sign)



Contact Teresa Puterbaugh

To register a team or be a sponsor

Office: 574.583.9119 Cell: 574.297.4936

EMAIL: teresa.wcoa@gmail.com

Checks made to White County Council on Aging

and can be mailed to: P.O. Box 421, Monticello, IN 47960



**White County
Public Transit**

***Public
Transit is
available
to ANYONE of
ANY AGE*

**Call us for details
on how we can help
you get where you
need to go!**

**Monday-Friday
8am-4pm**

574-583-9119

TRIP RESERVATIONS

All trips are scheduled in advance on a first come, first served basis and are scheduled on a time and space availability basis. Trip reservations must be requested 24 hours in advance of requested pick up time.

Passengers may be asked to include the following information when scheduling trips:

- Name
- Telephone #
- Pick-up/Drop-off addresses
- Home Address

Please let us know if you have special needs such as if you are traveling in a wheelchair, with an attendant, service-animal, portable oxygen tank or respirator, etc.

Attract Backyard Birds with the Right Seeds

While almost all bird seed may look pretty much the same to you, it doesn't to the birds you're feeding. Knowing what kinds of seeds different birds like can help you attract a variety of fine feathered friends to your feeders.

Consider these popular seed types and the common backyard birds they attract:

Sunflower – Black sunflower seeds attract blue jays, goldfinches, woodpeckers, purple finches, chickadees, titmice and nuthatches. Striped sunflower seeds appeal to chickadees, doves, grosbeaks, northern cardinals, nuthatches, titmice and woodpeckers. Sunflower hearts (also known as “hulled sunflower” and “sunflower chips”) attract chickadees, common redpolls, juncos, doves, finches, goldfinches, grosbeaks, nuthatches, pine siskins, titmice and woodpeckers.

Nyjer – These lightweight, tiny seeds are a favorite of goldfinches. Put Nyjer seeds in a hanging feeder with tiny holes so the small seeds won't get blown away. Nyjer also attracts redpolls, juncos, doves, indigo bunting and pine siskin. *(continued on page 7)*

*** Denotes
Pre-registration
is Required**

APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01 9-Euchre 10:00-Farkle 1-BINGO	02 9-Euchre 9:30-Hand & Foot Cards	03 9-Euchre 10-Racko & Skipbo 12-1 Blood Pressure 1-BINGO-White Oak	04 12:30 *Art w/ Teresa 12:30 Pay Me w/ Candy
00 9-Euchre *10:30 Purdue Extension-Nutrition Class 1 1:00 BINGO	08 9-Euchre 10:00-Farkle 1-BINGO-Comfort Keepers	09 9-Euchre 9:30-Hand & Foot Cards	10 9-Euchre 10-Farkle 12-1 Blood Pressure 1-BINGO	11 *10-Breakfast At USA Sign up by 3/10 12:30 Bunco w/ Friends
14 9-Euchre 10:00-Yahtzee 10:30 Enhanced Fitness 1-BINGO	15 9-Euchre 10:30 am Purdue Extension-Pro's & Con's of plant based diet 1:00 BINGO	16 9-Euchre 9:30-Hand & Foot Cards 12:30 Skip-Bo 1:30 Caregiver Support Group	17 9-Euchre 10:30 Coffee/Donuts Mythbusters w/ Suzie 12-1 Blood Pressure 1-Easter BINGO	18 CENTER CLOSED Good Friday
21 9-Euchre 10:00-Yahtzee 1-BINGO	22 9-Euchre 10:30-Healthy Living Brain/Body Presentation 1-BINGO	23 9-Euchre 9:30-Hand & Foot Cards	24 9-Euchre *10:30 Purdue Extension-Nutrition Class 2 1:00 BINGO BUY	25 12:30 Bunco w/ Friends
28 9-Euchre 10:00-Yahtzee 10:30 Enhanced Fitness 1-BINGO	29 9-Euchre 10:00-Farkle 1-BINGO	30 9-Euchre 9:30-Hand & Foot Cards 12:30 Skip-Bo		

LUNCH MENU

WHITE COUNTY COUNCIL ON AGING

5

**Please call by 9:30am the day
you plan to come for lunch! 574-583-9119*



APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01 Country Fried Steak Yams Country Blend Bread/Margarine Tropical Fruit Milk	02 Meatballs w/Gravy Over noodles Green Beans Corn Strawberry cup Milk	03 BBQ Pork Potato Soup California Blend Pears Milk	04 Chicken Fajita Peppers & Onions Broccoli Black Beans Tortilla Mixed Fruit Milk
00 Fish Square Sand. Baked Beans Brussel Sprouts Applesauce Milk	08 Chicken & Dumplins Mashed Potatoes Green Beans Mixed Fruit Milk	09 Chopped Steak Onion Gravy Cheesy Potatoes Stewed Tomatoes Bread/Margarine Milk	10 Smoked Sausage Peppers & Onions Sweet Pot. Country Blend HD Bun Pears Milk	11 Spaghetti w/ Meatsauce Italian Veggies Hot Spiced Peaches Milk
14 Pork Roast Gravy Potatoes & Carrots Cauliflower Peach Cobbler Milk	15 Salisbury Steak Mashed Potatoes Country Blend Juice Moon Pie Milk	16 Loaded Tots Peas & Carrots Blueberry Pear Crisp Milk	17 Meatloaf Baby Bakers Green Beans Bread/Margarine Mandarin Oranges Milk	18 CENTER CLOSED Good Friday
21 Pizza Corn Cherry Crisp Milk	22 Chicken Patty Scalloped Potatoes Green Beans Bun Cookie Milk	23 Ham & Beans Spinach Apple Cobbler Corn Muffin/ Margarine Milk	24 Smoky Links Potato Pancakes Country Blend Hot Applesauce Donut Hole Milk	25 Beef Stew Biscuit Cauliflower Hot Fruit Salad Milk
28 Ribbette w/BBQ Sauce Mac & Cheese Brussel Sprouts Applesauce Milk	29 Beef & Noodles Mashed Potatoes Green beans Peaches Cupcake Milk	30 Chicken Fried Chicken Mashed Sweet Pot. Beets Bread/Margarine Milk	Lunch is served at Noon!	



Patti Lucas 4/8
Terry Yoder 4/15

Safflower – These white seeds are slightly smaller than black sunflower seeds. Because they are bitter, grackles, blue jays, starlings – and squirrels – don't like them. However, they do attract doves, purple finches, chickadees, titmice and downy woodpeckers.

White millet – Good for scattering on the ground, white millet attracts ground feeders such as juncos, sparrows, indigo buntings, towhees and mourning doves.

Cracked corn – Popular with ground feeders, cracked corn appeals to doves, crows, jays, sparrows, juncos and towhees. Avoid getting finely cracked corn as it's vulnerable to rot and can quickly turn to mush.

When choosing a bird seed mix, pay attention to the ingredients list on the package. Bird seed is required by law to list ingredients in order of content. Some cheaper mixes have filler seeds such as wheat, red milo, red millet or "assorted grain products." Most backyard birds won't eat those, and your seed mix could end up wasted on the ground.

Learn more about making your backyard an oasis for birds of all kinds at eLivingtoday.com.

Name: _____ Date: _____

Favorite Candy

S S L I C O R I C E I W N N
 B X N S O U R T U N A E P S
 E U P O P I L L O L W S N J
 J E T T A M B L R O K E G A
 E E W T I A E M L M T U S W
 T I L N E M F L R A O T S B
 X Y T L A R A R L T A O R R
 G S F R Y M F O T R S O E E
 U E A F H B C I B I E T K A
 M C M S A O E U N I S T C K
 M A R M H T R A R G E T I E
 Y A K C S S A A N P E L N R
 M E K I T K A T L A R R S S
 T A A J R S E L T T I K S L

Word List:

CHOCOLATE
 TWIX
 PEANUT
 REESE'S
 BUTTERFINGER

GUMMY
 SNICKERS
 MINTS
 TAFFY
 STARBURST

CAMEL
 JELLYBEAN
 LICORICE
 MMS
 JAWBREAKER

SKITTLES
 LOLLIPOP
 KITKAT
 MARSHMALLOW
 SOUR